

Session 2 What's Holding You Back?

Start by reading the prayer on pg. 29 What's Holding You Back by St. Anselm (pg. 29)

Watch the Video What Are You Doing (Season 2: Episode 1)

1. What is the one idea you found most helpful in this short film?
2. Who is the friend that will ask you "What are you doing"? Who would you ask that question to?

Session 2 Introduction: What are you doing?

1. Who is your friend that will ask you "What are you Doing?"

Watch Video The Quest For Happiness (Season 2: Episode 2)

1. What is our fallen nature?
2. God has created us for _____.
3. What is the difference between pleasure and happiness?
4. Happiness is the result of _____.
5. One of God's greatest gifts to you is conscience. How does your conscience guide you?
6. What is another of God's great gifts to us?
7. Why did God give you a beautiful mind?
8. Answer the 3 questions on pg. 34 in your workbook.

Watch the Video Stinking Thinking (Season 2: Episode 3)

1. Give a definition for:

Individualism

Hedonism

Minimalism

Relativism

2. These self-centered philosophies is what is making our nations become increasingly secular, rejecting God's and his ways, they begin to implode. Anything that stands against God and his truth _____!!!!

3. Answer the 3 questions on pg. 38 in your workbook

Watch The Video Hungry For The Truth (Season 2: Episode 4)

1. _____ represents the world. _____ represents God.
2. _____ and _____ are connected.
3. How did God answer the Israelites' questions?
4. _____ is truth lived!!!!
5. Answer the 3 questions on pg. 42 in your workbook

Watch The Video This is Personal (Season 2: Episode 5)

1. What is courage? (page 37) Answer questions in orange.
2. What are the Supernatural Virtues?
3. What is HOPE?
4. _____ is a prerequisite for the life God has envisioned for you. _____ in life requires _____!!!!
5. Answer the 3 questions on pg. 47 in your workbook

Watch The Video Decision Point (Season 2: Episode 6)

1. Sum up in your own words what the video and the book (pages 50-51) says to you.
2. Answer the 3 questions on pg. 52 in your workbook